Symposia on Sustainability Education

Theme- 'DRUG FREE YOUTH'

On 24th January, 2023



Organizes

Symposia

Date & Day - 24-01-2023, Tuesday Venue- School of Pedagogical Sciences Time – 9.30 a.m.

Sustainability Education

Theme: 'DRUG-FREE YOUTH'

: SPS Choir

Resource Talk:

Sri. BENNY SEBASTIAN CIVIL EXCISE OFFICER & COUNSELOR VIMUKTHI MISSION, KOTTAYAM



: Dr. Smitha S., Assistant Professor (Organizing Secretary)

: Prof. (Dr.) Asha J.V., Head of the Department, SPS

: Prof. (Dr.) Minikutty A., Dean, Faculty of Education

: Prof. (Dr.) Jaya Jaise, Formerly HoD & Dean, Faculty of Education : Dr. Ismail Thamarasseri, Assistant Professor (Coordinator)

Programme Schedule:

Prayer Welcome Address

Presidential Address Inauguration

Felicitations

Orientation of the Programme & Introduction of Guest

Presentation

: Dr. Sibu G. Netto, Assistant Professor (Coordinator) : 'Drug-free Youth' Sri. BENNY SEBASTIAN

: Ms. Jain Ann Chacko (Student Rep. M.Ed. 2021-'23)

Vote of Thanks National Anthem

Compering - Ms. Ann Maria Baby & Ms. Gifty Roy (M.Ed. 2022-'24) Rapporteur - Ms. Ananya Abraham (M.Ed. 2022-'24)

M.Ed. 2021-'23)

REPORT



"Drugs take you to hell, disguised as heaven." — Donald Lyn Frost

According to Gandhiji, the future depends on what we do in the present. We need to remove the stigma surrounding the youth and substances. We not only to initiate the conversation, but open it. As youth we have so much to loose than we think. It's not just about the grades but the friendship or the conflict. Our actions address actions at this age are imperative in our futures who we become or how we progressed. So instead of turning our heads in the sight of mass destruction we must and we will move forward. Because today it's just a Party drug and tomorrow it is an overdose, today it's being rude to your teachers and tomorrow it's being arrested over aggressive conduct. This views are viewed as drastic but they are nothing but realistic.

Fatal consumption of drugs and how it is destroying the lives of our youth is a point of discussion in this scenario. Drugs as we all know are illegal matter which some people smoke, inject, eat or drink for the mental and physical effect that leaves. There are several students who consume drugs out of fun or of their unfair expectations. The people who deal in the selling of drugs are actually creating in network and mainly target in the students to get involved in the network.

Teachers have an important role in the life of students. Teachers' roles have resulted as the key factor for the prevention of the consumption of drug because students spend most of their quality time at school. As part of grooming high quality teacher educators, School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam organized Symposia on Sustainability Education On 24th January 2023, the initial session of the symposia was held. The theme was '**DRUG FREE YOUTH**'. Sri. **BENNY SEBASTIAN**, CIVIL EXCISE OFFICER & COUNSELOR, VIMUKTHI MISSION, KOTTAYAM, led the session.

The session began sharp at 10.00 a.m. by seeking the blessings of God almighty.

Dr. Smitha S., Assistant Professor, School of Pedagogical Sciences, the Organising Secretary of the Symposia welcomed the gathering. In the welcome address, she reminded the

gathering that teachers are the Social Engineers who mould the future society, and it is our responsibility to make the future better, for that we must be aware of the current scenario and do our best to make a drug free society.

Prof. (Dr.) Asha J.V., Head of the Department, School of Pedagogical Sciences presided the program. In her presidential address she reminded that, as a teaching professional it is an opportunity to be aware of drugs and help children who needs our help. Teacher's guide and orients students to the correct direction. The youth capacity of India is unbelievable and of enormous energy we have to utilize it in a correct manner. They can lead our country to the top of the world; it should not be ruined by any of these destructions.

Prof. (Dr.) Minikutty A., Dean, Faculty of Education, inaugurated the Symposia. Madam opinioned that years back these drugs and all other additives were mainly used by middle aged or elderly people ,but today it is alarming that majority of our youth are subjected all these substances. Today's youth are tomorrow's citizens. They are our hope so we must work for a drug free society, she envisioned in her inaugural address.



Dr. Ismail Thamarasseri, Assistant Professor and the Coordinator of the Symposia, felicitated the event and expressed his support towards all the endeavours. He highlighted the adverse effects of drugs in our society and requested to stay away from drugs.

Dr. Sibu G. Netto, Assistant Professor and the Coordinator of the Symposia, spoke out about brain due to the consumption of drugs and its adverse effect and advised to stay away from drugs and he introduced our Resource Person.

Sri. Benny Sebastian Civil Excise officer & Counsellor, Vimukthi Mission, Kottayam, is a cheerful and pleasant person who has immense experiences in handling drug affected youth. He said a lot of his experiences. He clearly highlighted in his talk regarding our various legal procedures and legal matters relating to this drug abuse and usage The session was an interactive one. We are all had opportunity to interact. He clarified our doubts regarding the topic. The overall session was really engaging and disseminating.





Ms. Jain Ann Chacko (Student Rep. M.Ed. 2021-23) expressed the words of gratitude.

"Don't Let Drugs Control You When You're In Control of Your Future"

This programme was really useful and made us aware of many new things, it gave a foundation for betterment of our quality so that we can work effectively for better Society, better Nation and better World.

