



MAHATMA GANDHI UNIVERSITY SCHOOL OF PEDAGOGICAL SCIENCES

Organizes

Awareness Programme

on

"EMBRACEMENT OF COMFORT AMONG WOMEN- MENSTRUAL HYGIENE AND MENSTRUAL CUP"

Resource Talk :

Dr. Suma Jose,

Co Ordinator, Clinical Nursing Education
GMCH, Kottayam



Programme Schedule:

Prayer	: SPS Choir
Welcome	: Ms. Vini Varghese (M.Ed. 2023-'25)
Presidential Address	: Prof. (Dr.) Asha J.V., Head of the Department, SPS
Introduction of Guest	: Dr. Smitha S., Assistant Professor (Organizing Secretary)

Talk on : Embracement of comfort among women- Menstrual hygiene
and menstrual cup

-- Dr. Suma Jose

Discussion & Interaction

Vote of Thanks : Ms. Sona Sunil (M.Ed. 2023-'25)
National Anthem

Compering - Ms. Jincy K Oommen (M.Ed. 2023-'25)
Rapporteur - Ms. Gayathri R Nair (M.Ed. 2023-'25)

Date & Day - 15-03-2024, Friday
Venue- School of Pedagogical Sciences
Time – 11.30 a.m.