



SCHOOL OF PEDAGOGICAL SCIENCES
MAHATMA GANDHI UNIVERSITY, KOTTAYAM

INTERNATIONAL YOGA DAY

2024

21ST JUNE

Yoga awakens the Mind

Resource Person



DR. PADMANABHAN T. V.
VISITING PROFESSOR,
CENTRE FOR YOGA & NATUROPATHY
(FORMER HOD, DEPARTMENT OF YOGA,
CENTRAL UNIVERSITY, KERALA)

TIME : 11.45 AM

VENUE: SPS SEMINAR HALL

